

Dear Parents and Caregivers,

Tena Koutou. Last Friday, our senior boys did us extremely proud, with the Year 7 & 8 team winning the inaugural Project Energize League Touch Tournament and the Year 5 & 6 team coming second in their age group. A big thank you must be extended to the Project Energize Team, who ensured the day went smoothly with a well-organised event. Apparently this is going to be a yearly event, so I know the boys will look forward to and enjoy participating in future years. A big thank you also to those people who helped with transport and to Mr. Volkwyn for coaching and inspiring the children to do their personal best.

To date, everyone is enjoying the activities planned for Library Week and we all look forward to enjoying events planned for the rest of the week, which also includes the 'Young Vinnie's Day' this Thursday. A reminder that on this day children are to come dressed as a 'Super Hero' from a Library Book. Instead of the children bringing a gold coin donation, they are asked if they could possibly bring along a grocery item (such as a can of food, packet of cereal, etc.) to donate to our local Foodbank. Also a reminder that we will be having American Hotdogs available for lunch at a cost of \$2 each, along with Marshmallow Fruit Kebabs which will cost .50c each. From morning tea until lunchtime, the children will be involved in Art activities, illustrating 'Going for Your Dreams'. The afternoon will be fun-filled with various activities taking place to raise funds for the Foodbank—.50c per activity.

We will be celebrating the Assumption of Mary with our whole School Term Mass taking place this coming Saturday evening. As usual, all children are required to attend, wearing their correct School Uniform. A number of children have been given the privilege of reading individual prayers, so it is very important that they practice these prayers and arrive at Church in plenty of time, but of course all children need to be at Church by 5:20p.m. and everyone's attendance will ensure we will have a wonderful celebration of the Eucharist.

God bless,

Hazel Rayner



### Assembly Awards

31st July (Virtue—Peace)

Room 1: Brittyn Nath—for being a peaceful person in the classroom (V).  
Brooke Shead—for learning all her Spelling words so she can write them correctly.

Room 2: Nathan Baars—for having a peaceful and quiet attitude in class (V).  
Daeja Kaponga—for consistently working hard and producing good results.

Room 3: Vanessa Limosnero—for always being peaceful to all her classmates (V).  
Cullum Barclay—for improvement in Reading.

Room 4: Annie Yang—for improvement in Geometry.  
Hayden P.—for showing the 'Fruit of Peace' towards others (V).

7th August (Virtue—Gentleness)

Room 1: Mia Bredenbeck—for showing gentleness in the way she interacts with others (V).  
Rainald Valondo—for trying really hard in Spelling.

Room 2: Stella Bredenbeck & Rema-Rose Saki—for showing a gentle and kind attitude towards others (V).  
Merekara Wharekura—for a positive attitude towards his work and other people.

Room 3: Ben White—for showing gentleness in the way he thinks, speaks and acts (V).  
Unise Moeakiola—for improvement in her classwork.

Room 4: Samantha Powell—for showing progress in Mathematics.  
Tatjana Kaponga—for showing the 'Fruit of Gentleness' to her classmates (V).

### Project Energize Family Education Evenings

A reminder that the second of our Parent and family education evenings will be taking place again this Thursday 13th August from 4:30p.m. to 5:30p.m.



### Home School Link Overview

- Sessions 1**  
Healthy Eating  
Drinks for Kids (what they need and what's in them)  
Physical Activity  
Playing for Fun and Learning (Fundamental Skills Importance)
- Sessions 2**  
Healthy Eating  
Breakfast (Importance, types and label reading)  
Physical Activity  
Playing with Junk (Using recycled gear to make games)
- Sessions 3**  
Healthy Eating  
Important Food Groups (snacks and lunches)  
Physical Activity  
Encouraging Children to 'Be Active'

Each session will be approximately 60 minutes in length + a 30 minute buffer. 30 minutes physical activity.

Numbers of parents attending is required prior to the sessions, so we can know if you have the money for all the little necessities and need to split the sessions. Parents will hold in resource groups.



### Sports Nutrition Tip #10

### Eat to help you recover



After your game try to eat something straight away to help your body start its recovery.

Try a ripe banana, jam sandwich with white bread, small can of creamed rice, crumpets, or fruit smoothie. And remember to drink lots of water to replace what you lost.



### DIARY

August	15	SCHOOL MASS/THE ASSUMPTION, 5.20pm at Church
August	20	Senior Mass, 9am Parent Project Energize Nutrition 4.30pm
August	25	B.O.T. Meeting, 7pm
August	28	School Cross-Country

### Ohinewai School Annual Calf Club

Ohinewai School would like to extend an invite to anyone wishing to participate in their Calf Club Day, which will be taking place on Saturday 17th October at Ohinewai School—judging starts at 10a.m. If you would like to register for this event, please request a registration form from Jean Wilkins on 828-8919. Forms need to be in to Ohinewai School before 21st August.

### Easy Shopping For You—Easy Fundraising For Us

Leading stores including Noel Leeming, jBond & Bond, Dominos Pizza, Dell and many more. You can shop for DVDs, fashion, holidays, baby, home, iPods, books, magazines, toys, gifts, electrical and even your groceries! Just select St Anthonys Catholic School when you shop or browse online at [www.yourfastshop.co.nz](http://www.yourfastshop.co.nz).

**This weeks specials:**  
Get the latest DVDs free for three weeks from Fatso.  
\$200 off selected laptops and desktops from Dell.  
Prizes-including the chance to win a \$6,500 home theatre system with iSUBSCRIBE!  
Raise \$2.25 for each confirmed online enquiry at the Flight Centre.  
Plus the usual hot deals on electrical, fashion, DVDs, gaming, books, gifts and much more!!!

### Staff Entitlements

The staff at St. Anthony's Catholic School work extremely hard to fulfill the mission of our school. Teachers do not get a complete hour for lunch or the scheduled 20 minutes for morning tea break on a daily basis, as they are often required to carry out other duties. Therefore it is imperative that they be allowed to have quality break times (morning tea/lunch) when they are in the Staffroom - uninterrupted. If parents need to see or contact teachers, this should be done before or after school or by making an appointment through the Office. Interruptions to teachers during school teaching hours (9a.m. -3p.m.) is not appropriate and breaks should be respected at all times. If there are any matters which need to be dealt with urgently, please go through the Office.

Promoting exercise, wellness and healthy lifestyles for children

**Kids Marathon SERIES**

Allowing children from kindergarten to high school to run a marathon, one kilometer at a time!

**Goal** For each child to complete 40 km before race weekend

**Race day** 4 October: children run the final 2.2 kilometers to complete their marathon

**Where** Start and finish is at the Hamilton Gardens

**Enter or the day** 8 - 9 weeks before and receive a Kids Marathon training guide  
Receive a t-shirt, medal and finishers certificate

More information at [www.hamiltonhalfmarathon.org.nz](http://www.hamiltonhalfmarathon.org.nz)

### PARISH INFORMATION

### HOLY MASS TIMES AND PARALITURGY'S FOR THIS WEEK

WEDNESDAY	Ps. 66 p. 72 Paraliturgy, Te Kauwhata 8.30am Rosary Recited, Huntly 8.45am Paraliturgy, Huntly 9.00am Mass, Ngaruawahia 9.30am
THURSDAY	Ps. 114 p. 123 Mass, Huntly 9.00am Exposition from 5.00pm to 6.00pm
FRIDAY	Ps. 136 p. 144 Mass, Huntly 9.00am Exposition from 9.30am to 10.30am St. Maximilian Kolbe, priest. M.
SATURDAY	Ps. 34 p. 44 Vigil, Huntly 5.30pm Reconciliation 4.45pm to 5.15pm The Assumption of Mary - School Mass
SUNDAY	Ps. 34 p. 44 Mass, Ngaruawahia 10.30am

### Altar Serving Roster

Saturday August	15	Jasmine Strawbridge & Renee Peden
Saturday August	22	Jayden Vandy & Chehalis Ralph



**SOLID ENERGY**  
Coals of New Zealand

St. Anthony's Catholic School wishes to acknowledge and thank Solid Energy for their generous support.

I have received and read my newsletter.

Poynton      Pompallier      Gaines      Barbier (child to circle name of house)

Name of Child/Children.....

Parents/Caregivers Signature.....